



# Kilmington Primary School PSHE Overview



## Jackdaws PSHE Overview

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
<b>Year A</b>	<ul style="list-style-type: none"> <li>• What are our individual strengths and achievements?</li> <li>• What are my aspirations and goals? What targets do I want to set myself?</li> <li>• How can I manage the pressure of targets/goals?</li> <li>• What in the media is true or false?</li> <li>• How does media place pressures on people?</li> <li>• What are dares and challenges?</li> </ul>	<ul style="list-style-type: none"> <li>• What is money, what do you need money for?</li> <li>• How much do different jobs get paid?</li> <li>• How do “cards” work? What is the difference between a debit card and a credit card?</li> <li>• What types of borrowing are there and how does it work? What is interest?</li> <li>• How can you save money through spending and budgets?</li> <li>• What is tax? What is it used for?</li> </ul>	<ul style="list-style-type: none"> <li>• What are the dangers and hazards in school, home and outside world?</li> <li>• Who is responsible for your safety from child to adult?</li> <li>• What are the positives and negatives of taking risks?</li> <li>• How do you keep safe on the roads</li> <li>• How do drugs, alcohol, caffeine and medicines affect your body?</li> <li>• What are habits and why do we do them?</li> </ul>	<ul style="list-style-type: none"> <li>• How do people show their feelings?</li> <li>• How does it feel when people do/do not recognise your feelings?</li> <li>• What are the consequences of your behaviour?</li> <li>• How does your behaviour affect others’ feelings?</li> <li>• How can listening to others opinions change our actions?</li> <li>• How can we use the skills of negotiation and compromise effectively?</li> </ul>	<ul style="list-style-type: none"> <li>• What is an opinion?</li> <li>• What is a debate or discussion? Does it have an outcome?</li> <li>• How can you show you respect other people’s opinions?</li> <li>• How can people with different opinions work together on shared goals?</li> <li>• Can you make rules if everyone has a different opinion – how do you resolve the differences?</li> <li>• How do your decisions value everyone in the community regardless of any differences?</li> </ul>	<ul style="list-style-type: none"> <li>• What makes a healthy relationship?</li> <li>• What is a friend?</li> <li>• Who are our family?</li> <li>• What is a couple? What physical and emotional changes happen during puberty?</li> </ul>
<b>Year B</b>	<ul style="list-style-type: none"> <li>• What makes a balanced lifestyle?</li> <li>• How do you have a balanced diet?</li> <li>• What are the influences on the choices we make?</li> <li>• How hygiene practices can we carry out to keep safe from bacteria, viruses?</li> </ul>	<ul style="list-style-type: none"> <li>• What is an enterprise project?</li> <li>• How can an enterprise help the community?</li> </ul> <p>Plan and execute an enterprise project for a cause chosen by the group.</p>	<ul style="list-style-type: none"> <li>• What rules are there for keeping safe?</li> <li>• What constitutes an emergency?</li> <li>• What do I need to know about fire safety?</li> <li>• How can you get help in an emergency?</li> <li>• How do you keep safe when you are out and about?</li> </ul>	<ul style="list-style-type: none"> <li>• What is anti-social behaviour?</li> <li>• What is bullying?</li> <li>• What is aggressive behaviour and where does it come from?</li> <li>• What are human rights?</li> <li>• What responsibilities go alongside human rights?</li> </ul>	<ul style="list-style-type: none"> <li>• What makes up someone’s identity?</li> <li>• What is discrimination?</li> <li>• What is a stereotype and where do stereotypes come from?</li> <li>• What is bullying? Why do people bully?</li> <li>• What is prejudice?</li> <li>• What is equality? How do people show respect to each other?</li> </ul>	<ul style="list-style-type: none"> <li>• What types of relationships are there? (friendships, families, couples)</li> <li>• What happens when relationships change including separation and divorce?</li> <li>• How do your feelings change when there is separation or loss?</li> </ul>



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	<ul style="list-style-type: none"><li>• What is acceptable/unacceptable physical contact? What is consent?</li><li>• What do I need to consider when talking about confidentiality and secrets? How does this affect my personal safety?</li></ul>		<ul style="list-style-type: none"><li>• What first aid could be administered in a range of situations?</li></ul>	<ul style="list-style-type: none"><li>• Are human rights respected across the world?</li></ul>		<ul style="list-style-type: none"><li>• How does it feel when there is a bereavement within your family / group?</li></ul>
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