





Physical Education Curriculum Intent – Kilmington Primary School

The National Curriculum			
<p>The national curriculum for physical education aims to ensure that all pupils:</p> <ul style="list-style-type: none"> • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • engage in competitive sports and activities • lead healthy, active lives. 			
Curriculum Intent			
<p>A high-quality Physical Education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. Developing good levels of fitness and stamina has been shown to improve both mental health and academic attainment.</p>			
Curriculum Design			
<p>Kilmington School operates with mixed age classes and follows a two year rolling programme to cover the full range of skills and activities in PE. Units of learning are planned to motivate and inspire pupils through meaningful and purposeful learning opportunities. In EYFS and KS1, PE units are based around the Leap into Life scheme and KS2 progress on to using Ped Pass as a core resource. Regular aerobic fitness units and activities are also incorporated. The school takes part in local PE events, both competitive and training. Memorable experiences are often incorporated into the activities to enhance learning and create an exciting learning environment. This might be a trip, a special visitor, an extraordinary activity or event.</p> <p>There is a clear skills development pathway identified which sets out expectations in each Key Phase: EYFS, KS1, LKS2 and UKS2. This enables teachers to plan a curriculum that builds on previous learning and develops skills at an appropriate level.</p>			
Nurturing lifelong learning behaviours through PE			
<p>Motivation/ Resilience</p> <ul style="list-style-type: none"> • Keeping going • Perseverance • Resilience • Not giving up  <p>I'm Wilbur Woodpecker</p>	 <p>I'm Olive Owl</p> <p>Engagement/ Reflectiveness</p> <ul style="list-style-type: none"> • Planning • Reflecting • Thinking things through 	 <p>I'm Betty Bee</p> <p>Collaboration/ Reciprocity</p> <ul style="list-style-type: none"> • Listening • Sharing • Collaborating • Working as a team. 	<p>Thinking/ Resourcefulness</p> <ul style="list-style-type: none"> • Curiosity • Finding out • Why? Where? • When? Who?  <p>I'm Samuel Squirrel</p>
<p>The resilience required to develop good levels of physical fitness and stamina encourages the ability to persevere in other areas of the curriculum or any area of difficulty. Sporting achievements develop ability to manage success and disappointment.</p>	<p>Thinking about the 'next step' to improving a skill. Developing game plan ideas: If this happens, we need to react like this.</p>	<p>Team games develop inclusivity and an understanding that all roles are important. Developing standards of fair play and empathy. Making up own games to use a particular skill or specific equipment</p>	<p>How can I improve my performance? What equipment will we need? What skills will my team need?</p>
Evaluation			
<p>The curriculum is reviewed on a yearly basis to ensure that it is responsive to the needs of our current pupils.</p>			