



# Kilmington Primary School PSHE Overview



## Kingfishers PSHE Overview

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
<b>Year A</b>	<ul style="list-style-type: none"> <li>• <b>What do we belong to?</b> <i>To learn that they belong to various groups and communities such as family and school (L4).RE link</i></li> <li>• <b>What are our classroom rules?</b> <i>To learn how they can contribute to the life of the classroom and school (L1). To help construct, and agree to follow, group and class rules and to understand how these rules help them (L2).</i></li> <li>• <b>How does our behaviour affect others?</b> <i>To recognise that their behaviour can affect other people (R2) To recognise when people are being unkind to either them or others, how to respond, who to tell and what to say (R12). ,</i></li> <li>• <b>What is fair or unfair?</b> <i>To recognise</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>How can I describe my feelings?</b> <i>To learn about good and not so good feelings, a vocabulary to describe their feelings to others and to develop simple strategies for managing feelings (H4).</i></li> <li>• <b>Who can I get to help me?</b> <i>To recognise people who look after them, their family networks, who to go to if they are worried and how to attract their attention (H13).</i></li> <li>• <b>How can I help people help me?</b> <i>To understand about the ways that pupils can help the people who look after them to more easily protect them (H14).</i></li> <li>• <b>How can I stay safe and help others stay safe?</b> <i>To recognise that they share a responsibility for keeping themselves</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>What is money for?</b> <i>To learn that money comes from different sources and can be used for different purposes, including the concepts of spending and saving (L6).</i></li> <li>• <b>Why is money important?</b> <i>To learn about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices (L7).</i></li> <li>• <b>What do I need for a healthy lifestyle?</b> <i>To learn what constitutes, and how to maintain a healthy lifestyle -the benefits of physical activity, rest, healthy eating (H1).</i></li> <li>• <b>How do I make good choices about my health?</b> <i>To recognise what they like and dislike, make good choices to improve their physical and</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>How can I stay safe at home?</b> <i>To understand that household products, including medicines, can be harmful if not used properly (H11).</i></li> <li>• <b>What are the road safety rules?</b> <i>To understand the rules for and ways of keeping physically and emotionally safe, road safety, cycle safety (H12).</i></li> <li>• <b>What should I do in a fire?</b> <i>To understand the rules for and ways of keeping physically and emotionally safe fire safety (H12).</i></li> <li>• <b>How can I stay safe near water?</b> <i>To understand the rules for and ways of keeping physically and emotionally safe water safety (H12).</i></li> <li>• <b>What does it feel like when I lose something special?</b> <i>To understand change and loss and the associated feelings</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>How should I share my feelings and respond to other peoples' feelings?</b> <i>To communicate their feelings, to recognise how others show feelings and know how to respond (R1).</i></li> <li>• <b>What is the difference between secrets and surprises?</b> <i>To learn the difference between secrets and nice surprises (that everyone will find out about eventually). The importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid (R3).</i></li> <li>• <b>How can I share my ideas and opinions?</b> <i>To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class (R5).</i></li> <li>• <b>How can I sort out disagreements?</b> <i>To learn to listen to other people and play and work cooperatively (including strategies to resolve simple</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Why should I care for our environment?</b> <i>To learn what improves and harms their local, environments and develop strategies and skills to care for these (including conserving energy) (L5). RE link</i></li> <li>• <b>Why do I have 'baby teeth'?</b> <i>To understand what constitutes, and how to maintain dental health (H1).</i></li> <li>• <b>How should I keep my teeth clean?</b> <i>To understand what constitutes, and how to maintain dental health (H1).</i></li> <li>• <b>What is a dentist?</b> <i>To understand what constitutes, and how to maintain dental health (H1).</i></li> <li>• <b>Could I help someone who is sick or injured?</b> <i>To learn basic first Aid skills: recovery position, dealing with bumps and cuts</i></li> <li>• <b>What have I done well and how can I do even better?</b> <i>To think about themselves, to learn from their experiences, to recognise</i></li> </ul>



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	<p><i>what is fair and unfair, kind and unkind, what is right and wrong(R4)</i></p> <ul style="list-style-type: none"> <li>• <b>Why am I unique?</b> To recognise ways they are all unique; to understand that there has never been and will never be another 'them' (L8).</li> <li>• <b>Are we all the same?</b> To understand the ways we are all the same and what we have in common with everyone (L9).</li> </ul>	<p><i>and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell' including knowing that they do not need to keep secrets (H15).</i></p> <ul style="list-style-type: none"> <li>• <b>What does privacy mean?</b> What is meant by 'privacy'; their right to keep things private; the importance of respecting others' privacy (H16).</li> </ul>	<p><i>emotional health, recognise that choices can have good and not so good consequences H2).</i></p> <ul style="list-style-type: none"> <li>• <b>What do medical professionals call our body parts?</b> To learn the names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls (H10).</li> </ul>	<p><i>(including moving home, losing toys, pets or friends) (H5).</i></p>	<p><i>arguments through negotiation) (R6).</i></p> <ul style="list-style-type: none"> <li>• <b>How can I disagree constructively?</b> To learn to offer constructive support and feedback to others (R7).</li> </ul>	<p><i>and celebrate their strengths and set simple but challenging goals (H3).</i></p>
<p><b>Year B</b></p>	<ul style="list-style-type: none"> <li>• <b>What are rights and responsibilities?</b> To understand that people and other living things have rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that have been borrowed) (L3).</li> <li>• <b>Who are the people who look after everyone?</b> About the</li> </ul>	<ul style="list-style-type: none"> <li>• <b>What are feelings?</b> Describe different feelings we all experience</li> <li>• <b>How can I describe my feelings?</b> To learn about good and not so good feelings, a vocabulary to describe their feelings to others and to develop simple strategies for managing feelings (H4).</li> <li>• <b>Who can I get to help me?</b> To recognise people who look after them, their family networks, who to go</li> </ul>	<ul style="list-style-type: none"> <li>• <b>What is money for?</b> To learn that money comes from different sources and can be used for different purposes, including the concepts of spending and saving (L6).</li> <li>• <b>Why is money important?</b> To learn about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices (L7).</li> <li>• <b>What do I need for a healthy lifestyle?</b> To</li> </ul>	<ul style="list-style-type: none"> <li>• <b>What are the road safety rules?</b> To understand the rules for and ways of keeping physically and emotionally safe, road safety, cycle safety (H12).</li> <li>• <b>What should I do in a fire?</b> To understand the rules for and ways of keeping physically and emotionally safe fire safety (H12).</li> <li>• <b>How can I stay safe when I go for a walk?</b> To understand the rules for and ways of keeping physically and emotionally safe, in the</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Who are my special people?</b> For pupils to identify their special people (family, friends and carers), what makes them special and how special people should care for one another (R9).</li> <li>• <b>What is personal space?</b> To be able to judge what kind of physical contact is acceptable, comfortable, unacceptable and how to respond (R10).</li> <li>• <b>What makes us feel comfortable and uncomfortable?</b> To learn that people's bodies and feelings can be hurt</li> </ul>	<ul style="list-style-type: none"> <li>• <b>What changes as we grow older?</b> To learn about the process of growing from young to old and how people's needs change (H8). About growing and changing and new opportunities and responsibilities that increasing independence may bring (H9)</li> <li>• <b>Why do I have 'baby' teeth?</b> To understand what constitutes, and how to maintain dental health (H1).</li> <li>• <b>How should I keep my teeth clean?</b> To understand what constitutes, and how</li> </ul>



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	<p><i>'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, (L10).</i></p> <ul style="list-style-type: none"> <li>• <b>What is an emergency and what should I do?</b> <i>To learn how to contact those special people when they need help, including dialling 999 in an emergency (L10).</i></li> <li>• <b>Why am I so special?</b> <i>To recognise ways in which they are all unique; understand that there has never been and will never be another 'them' (L8).</i></li> <li>• <b>Are we all different?</b> <i>To learn to identify and respect the differences and similarities between people (R8</i></li> </ul>	<p><i>to if they are worried and how to attract their attention (H13).</i></p> <ul style="list-style-type: none"> <li>• <b>How can I help people help me?</b> <i>To understand about the ways that pupils can help the people who look after them to more easily protect them (H14)</i></li> </ul>	<p><i>learn what constitutes, and how to maintain a healthy lifestyle-the benefits of physical activity, rest, healthy eating. (H1).</i></p> <ul style="list-style-type: none"> <li>• <b>Why does it matter if I don't wash my hands?</b> <i>To understand the importance of and how to maintain personal hygiene (H6). To learn how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others; to develop simple skills to help prevent diseases spreading (H7).</i></li> </ul>	<p><i>environment, rail, safety (H12).</i></p> <ul style="list-style-type: none"> <li>• <b>What does it feel like when I lose something special?</b> <i>To understand change and loss and the associated feelings (including moving home, losing toys, pets or friends) (H5).</i></li> </ul>	<p><i>(including what makes them feel comfortable and uncomfortable) (R11).</i></p> <ul style="list-style-type: none"> <li>• <b>What is the difference between teasing and bullying?</b> <i>To learn that there are different types of teasing and bullying, that these are wrong and unacceptable (R13). To develop strategies to resist teasing or bullying, if they experience or witness it, and whom to go to and how to get help (R14).</i></li> </ul>	<p><i>to maintain dental health (H1).</i></p> <ul style="list-style-type: none"> <li>• <b>What is a dentist?</b> <i>To understand what constitutes, and how to maintain dental health (H1).</i></li> <li>• <b>Could I help someone who is sick or injured?</b> <i>To learn basic first Aid skills: recovery position, dealing with bumps and cuts</i></li> <li>• <b>What have I done well and how can I do even better?</b> <i>To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals (H3).</i></li> </ul>
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